

## Tuesday 1<sup>st</sup> – Friday 4<sup>th</sup> August 2017 in Adelboden, Switzerland

### A GREAT WAY TO START THE CURLING SEASON!

PeakCurl Curling Coaches in cooperation with your Team Coach will take care for an optimal Team & Individual Practice on and off ice!

Specialists will hold workshops & special Topics.

our partner



Teams of the camp will have a spot guaranteed in the Junior Bonspiel August 12/13, 2017

- On Ice Practice 3 times a day for approx. 1 ½ hours
- Practice Games in the Evening
- Video Analyses (Delivery, Sweeping, Strategy)
- Sweeping practice with the Electronic Brush
- Weight Practice with the Speed Trap
- Individual On-Ice-Practices “Your Desire”
- Class Room Sessions with Topics “Your Desire”
- Use of Classroom „For Your Team Only“
- Seminar “Coach the Coach”
- Sport und Games for Coordination, Power, Endurance, Team spirit
- Team Photo Shooting by WCF Photographer
- Barbecue Evening outdoors
- Bowling at the venue
- Free entry to the Swimming Pool
- Curling fun Night

Included in the price: 4 nights, 2 double rooms + 1 single room, incl. breakfast  
4 days Lunch for 5 people, incl. beverage  
4 days Dinner for 5 people, incl. beverage

Costs: **Per Team (4 athletes + 1 Coach) CHF 2'500.—**  
For each additional person (i.e. 5<sup>th</sup> player, team leader) CHF 400.—

Registration: A maximum of 8 teams (junior boys / junior girls) with their Coach  
At: [www.peakcurl.com](http://www.peakcurl.com) Registrations will be considered in order of receipt!

Payment: The entry-fee has to be paid to the camp's bank account to make the registration valid.  
In case of cancelation after the registration deadline, we have to charge a fee of CHF 800.—

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**Registration Deadline: April 15, 2017**

for more Informations: [www.peakcurl.com](http://www.peakcurl.com)